For adults with schizophrenia

Ready for an option to receive treatment just 6 times a year?*

Kelsey, 27
Living with schizophrenia and receiving ARISTADA

*After establishing tolerability to oral aripiprazole and completing starting regimen.

Ask your healthcare provider about the ARISTADA 2-month dose (1064 mg).

INDICATION
ARISTADA INITIO® (aripiprazole lauroxil) is a prescription medicine given as a one-time injection and is used in combination with oral aripiprazole to start ARISTADA® (aripiprazole lauroxil) treatment, or re-start ARISTADA treatment after a missed dose, when ARISTADA is used for the treatment of schizophrenia in adults.

ARISTADA is a prescription medicine given by injection by a healthcare professional and used to treat schizophrenia in adults.

It is not known if ARISTADA INITIO and/or ARISTADA are safe and effective in children under 18 years of age.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

Elderly people with dementia-related psychosis are at increased risk of death when treated with antipsychotic medicines including ARISTADA INITIO and ARISTADA. ARISTADA INITIO and ARISTADA are not for the treatment of people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia).

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.
ARE YOU LIVING WITH SCHIZOPHRENIA?

If so, you are not alone

Schizophrenia usually begins when someone is in their early 20s to early 30s and affects about 2.4 million adults in the United States.

Schizophrenia can affect every person differently. Symptoms and how serious they are can change over time.

There are many treatment options available for schizophrenia.

It is important to learn as much as you can about these treatment options and work with your healthcare provider to find medicine that is right for you.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

Contraindication: Do not receive ARISTADA INITIO or ARISTADA if you are allergic to aripiprazole or any of the ingredients in ARISTADA. Allergic reactions to aripiprazole have ranged from rash, hives and itching to anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.

I tell people not to give up. Find a medicine that works for you.

Kelsey
Living with schizophrenia and receiving ARISTADA® (aripiprazole lauroxil)

KNOW YOUR TREATMENT OPTIONS

Medicine for schizophrenia can be taken by mouth or by injection. Both of these treatment options provide the medicine you need. The difference is how they are taken.

Oral treatments like pills are taken by mouth every day

Long-acting injectables are given by your healthcare provider every few weeks to every few months, depending on the medicine

Everyone is different, so talk to your healthcare provider about a treatment plan that works for you.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

ARISTADA INITIO and/or ARISTADA may cause serious side effects including:

• Cerebrovascular problems (including stroke) in elderly people with dementia-related psychosis that can lead to death. (continued)
WHY ARISTADA?

Shown in clinical studies to reduce the symptoms of schizophrenia
A single dose releases medicine slowly in your body over time
Provides the option of 6 doses a year with the ARISTADA 1064 mg dose after completing starting regimen
It’s 1 less medicine to take every day
It’s important not to miss a dose of ARISTADA. If a dose is missed for some reason, contact your healthcare provider right away to discuss what to do next.

I like that I don’t have to think about taking my schizophrenia medicine every day.
Paul, 44
Living with schizophrenia and receiving ARISTADA

I am more than my schizophrenia diagnosis.
Kelsey, 27
Living with schizophrenia and receiving ARISTADA

I like that I don’t have to think about taking my schizophrenia medicine every day.

Hear their stories about receiving ARISTADA:
• Visit aristada.com/real-stories
OR
• Scan the QR code to the left

TO SCAN QR CODE USING AN iPHONE:
1. Open your camera, and position it over the QR code.
2. Tap the notification to go to the videos.

TO SCAN QR CODE USING AN ANDROID:
1. Go to the Google Play Store, and download a QR code reader app.
2. Open the app, scan the code, and tap OK to go to the videos.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

ARISTADA INITIO and/or ARISTADA may cause serious side effects including: (continued)

• Neuroleptic malignant syndrome (NMS), a serious condition that can lead to death. Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS:
  ◦ high fever
  ◦ sweating
  ◦ stiff muscles
  ◦ confusion
  ◦ changes in pulse, heart rate, and blood pressure

• Uncontrolled body movements (tardive dyskinesia). ARISTADA INITIO and ARISTADA may cause movements that you cannot control in your face, tongue, or other body parts. Tardive dyskinesia may not go away, even if you stop receiving ARISTADA. Tardive dyskinesia may also start after you stop receiving ARISTADA.

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.
TREATMENT WITH ARISTADA

Learning about your treatment

You may have concerns about starting a new treatment, especially when it is given by injection. That is why it is so important to talk to your healthcare team and ask any questions you may have about your treatment.

A medicine called aripiprazole is the main ingredient in ARISTADA® (aripiprazole lauroxil). Aripiprazole is also used in other medicines for schizophrenia.

Before starting ARISTADA

• Before you start treatment with ARISTADA INITIO® (aripiprazole lauroxil) or ARISTADA, tell your healthcare provider if you have not taken Abilify, Abilify Maintena, or any aripiprazole product before
  ◦ This is because people who are allergic to aripiprazole or any of the ingredients in ARISTADA should not receive ARISTADA or ARISTADA INITIO

• If you’ve never taken aripiprazole before, your healthcare provider may have you take oral aripiprazole for a short time to see if you can tolerate it before you start treatment with ARISTADA or ARISTADA INITIO

It is also important to tell your healthcare provider about all of your medical conditions, including if you:

• have or had heart problems or a stroke
• have diabetes or high blood sugar or a family history of diabetes or high blood sugar. Your healthcare provider should check your blood sugar before you receive ARISTADA INITIO and/or ARISTADA and during your treatment with ARISTADA
• have or had low or high blood pressure
• have or had seizures (convulsions)
• have or had a low white blood cell count
• have problems that may affect you receiving an injection in your buttocks or your arm

• are pregnant or plan to become pregnant. It is not known if ARISTADA INITIO and/or ARISTADA will harm your unborn baby. If you become pregnant while taking ARISTADA INITIO and/or ARISTADA, talk to your healthcare provider about registering with the National Pregnancy Registry for Atypical Antipsychotics. You can register by calling 1-866-961-2388, or visit http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/
• are breastfeeding or plan to breastfeed. ARISTADA INITIO and/or ARISTADA can pass into your breast milk. It is not known if it may harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive ARISTADA INITIO and/or ARISTADA

Ask your healthcare provider any questions you may have about starting ARISTADA.
I am living with schizophrenia, but I am not defined by it.

After establishing tolerability to oral aripiprazole, on day 1 you will receive:

- A single 30 mg dose of oral aripiprazole
- A one-time injection of ARISTADA INITIO* (aripiprazole lauroxil)*
- Your first injection of the ARISTADA (aripiprazole lauroxil) 2-month dose (1064 mg), which can be given on the same day or up to 10 days later

*There are 2 ways to start ARISTADA. You may receive your first ARISTADA injection with 21 days of oral aripiprazole or if your healthcare provider determines ARISTADA INITIO is not right for you.

Could the ARISTADA 2-month dose be right for you? Ask your healthcare provider.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

ARISTADA INITIO and/or ARISTADA may cause serious side effects including: (continued)

- Problems with your metabolism such as:
  - High blood sugar (hyperglycemia). Increases in blood sugar can happen in some people who receive ARISTADA INITIO and/or ARISTADA. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or a family history of diabetes), your healthcare provider should check your blood sugar before you receive ARISTADA INITIO and/or ARISTADA and during your treatment with ARISTADA.

Please see additional important safety information throughout and accompanying full prescribing information for ARISTADA INITIO and ARISTADA, including boxed warning, and medication guides for ARISTADA INITIO and ARISTADA.

Other ARISTADA doses include:

- Every 6 weeks with ARISTADA 882 mg
- Monthly with ARISTADA 882 mg, 662 mg, or 441 mg

How ARISTADA is given

- Both ARISTADA INITIO and ARISTADA are given by injection by a healthcare provider into the muscle (intramuscular)
- Depending on the dose, ARISTADA can be given in the upper arm (441 mg only) or buttock (all doses). ARISTADA INITIO can be given in either the upper arm or buttock
- Follow your ARISTADA treatment schedule exactly as your healthcare provider tells you to
Carolyne, 52
Living with schizophrenia and receiving ARISTADA

I like that ARISTADA is an injection. It’s nice that I don’t have to remember to take my schizophrenia medication every day.

WHAT YOU SHOULD KNOW

ARISTADA may be able to help

• ARISTADA* (aripiprazole lauroxil) has been shown to improve symptoms of schizophrenia in clinical studies
• Improving your symptoms may help you reach your treatment goals

Understanding side effects

The most common side effects of ARISTADA and ARISTADA INITIO* (aripiprazole lauroxil) include restlessness or feeling like you need to move (akathisia).

Other side effects are possible, some of them serious. Please see additional Important Safety Information throughout this brochure and on pages 16 to 19. You can also review the Medication Guides for ARISTADA and ARISTADA INITIO for more information.

Tell your doctor about any changes or side effects you have while taking ARISTADA INITIO or ARISTADA.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

ARISTADA INITIO and/or ARISTADA may cause serious side effects including: (continued)

• Increased fat levels (cholesterol and triglycerides) in your blood
• Weight gain. You and your healthcare provider should check your weight regularly.
• Unusual and uncontrollable (compulsive) urges. Some people taking aripiprazole have had strong unusual urges such as gambling that cannot be controlled (compulsive gambling). Other compulsive urges include sexual urges, shopping, and eating or binge eating. If you or your family members notice that you are having unusual strong urges, talk to your healthcare provider.
• Decreased blood pressure (orthostatic hypotension). You may feel lightheaded or faint when you rise too quickly from a sitting or lying position.
• Falls. ARISTADA INITIO and ARISTADA may make you sleepy or dizzy when standing which may make you at risk for falls and related injuries.
• Low white blood cell count
• Seizures (convulsions)

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.
ARISTADA CARE SUPPORT

There for you every step of the way

ARISTADA Care Support is a support program that provides access to services such as:

- Appointment confirmations and reminders
- Help finding healthcare providers near you who can administer ARISTADA® (aripiprazole lauroxil) and/or ARISTADA INITIO® (aripiprazole lauroxil)
- Co-pay and patient assistance programs for ARISTADA for those who are eligible

To speak to an ARISTADA Care Support representative, call 1-866-ARISTADA (1-866-274-7823), Monday through Friday, 9 AM to 8 PM EST.

WE ALL NEED HELP SOMETIMES

Living with schizophrenia can be challenging, so it is natural to have questions and concerns. You don’t have to do it alone. There are resources out there that can help.

Reach out to these places for more support:

- National Alliance on Mental Illness (NAMI)
  nami.org
  1-800-950-6264
- Schizophrenia and Related Disorders Alliance of America (SARDAA)
  sardaa.org
  1-800-493-2094
- Mental Health America (MHA)
  mentalhealthamerica.net
  1-800-969-6642

Alkermes, Inc. is not affiliated with and does not endorse any of these third-party links.

Visit aristada.com/resources for more helpful links and information about living with schizophrenia.

“I go to a support group, and listening to others really helps.”

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

ARISTADA INITIO and/or ARISTADA may cause serious side effects including: (continued)

- Problems controlling your body temperature.
  Avoid becoming too hot or dehydrated. Do not exercise too much. In hot weather, stay inside in a cool place if possible. Stay out of the sun. Do not wear too much clothing or heavy clothing. Drink plenty of water.

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.
It is important to find the right medicine for you.

Paul
Living with schizophrenia and receiving ARISTADA

QUESTIONS TO ASK YOUR HEALTHCARE TEAM

Could ARISTADA® (aripiprazole lauroxil) be a good treatment option for me?

What are the possible side effects of ARISTADA?

What if I miss an appointment to get my ARISTADA injection?

Am I a good candidate for the ARISTADA 2-month dose?

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

The most common side effects of ARISTADA INITIO and ARISTADA include restlessness or feeling like you need to move (akathisia). These are not all the possible side effects of ARISTADA INITIO and ARISTADA. You should tell your healthcare provider about any side-effects you have.

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.

Ask your healthcare provider if the ARISTADA 2-month dose (1064 mg) could be right for you.

The information and advice published or made available through this discussion guide are for informational purposes only and are not a substitute for professional, medical, or legal advice or services. Always talk to your doctor or healthcare professional before making any medical decisions.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

Do not drive, operate hazardous machinery, or do other dangerous activities until you know how ARISTADA INITIO and ARISTADA affect you. ARISTADA INITIO and ARISTADA may affect your judgment, thinking or motor skills.
**INDICATION and IMPORTANT SAFETY INFORMATION for ARISTADA INITIO® (aripiprazole lauroxil) and ARISTADA® (aripiprazole lauroxil) extended-release injectable suspension, for intramuscular use**

**INDICATION**

ARISTADA INITIO is a prescription medicine given as a one-time injection and is used in combination with oral aripiprazole to start ARISTADA treatment, or re-start ARISTADA treatment after a missed dose, when ARISTADA is used for the treatment of schizophrenia in adults.

ARISTADA is a prescription medicine given by injection by a healthcare professional and used to treat schizophrenia in adults.

It is not known if ARISTADA INITIO and/or ARISTADA are safe and effective in children under 18 years of age.

**IMPORTANT SAFETY INFORMATION**

Elderly people with dementia-related psychosis are at increased risk of death when treated with antipsychotic medicines including ARISTADA INITIO and ARISTADA. ARISTADA INITIO and ARISTADA are not for the treatment of people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia).

**Contraindication:** Do not receive ARISTADA INITIO or ARISTADA if you are allergic to aripiprazole or any of the ingredients in ARISTADA. Allergic reactions to aripiprazole have ranged from rash, hives and itching to anaphylaxis, which may include difficulty breathing, tightness in the chest, and swelling of the mouth, face, lips, or tongue.

ARISTADA INITIO and/or ARISTADA may cause serious side effects including:

• Cerebrovascular problems (including stroke) in elderly people with dementia-related psychosis that can lead to death.

**Neuroleptic malignant syndrome (NMS), a serious condition that can lead to death.** Call your healthcare provider or go to the nearest hospital emergency room right away if you have some or all of the following signs and symptoms of NMS:
  - high fever
  - stiff muscles
  - confusion
  - sweating
  - changes in pulse, heart rate, and blood pressure

**Uncontrolled body movements (tardive dyskinesia).** ARISTADA INITIO and ARISTADA may cause movements that you cannot control in your face, tongue, or other body parts. Tardive dyskinesia may not go away, even if you stop receiving ARISTADA. Tardive dyskinesia may also start after you stop receiving ARISTADA.

**Problems with your metabolism such as:**

• High blood sugar (hyperglycemia). Increases in blood sugar can happen in some people who receive ARISTADA INITIO and/or ARISTADA. Extremely high blood sugar can lead to coma or death. If you have diabetes or risk factors for diabetes (such as being overweight or a family history of diabetes), your healthcare provider should check your blood sugar before you receive ARISTADA INITIO and/or ARISTADA and during your treatment with ARISTADA.
  - Call your healthcare provider if you have any of these symptoms of high blood sugar:
    - feel very thirsty
    - need to urinate more than usual
    - feel very hungry
    - feel weak or tired
    - feel sick to your stomach
    - feel confused, or your breath smells fruity
  - Increased fat levels (cholesterol and triglycerides) in your blood
  - Weight gain. You and your healthcare provider should check your weight regularly.

(continued)
Before receiving ARISTADA INITIO and ARISTADA tell your healthcare provider about all of your medical conditions, including if you: (continued)

- have or had low or high blood pressure
- have or had seizures (convulsions)
- have or had a low white blood cell count
- have problems that may affect you receiving an injection in your buttocks or your arm
- are pregnant or plan to become pregnant. It is not known if ARISTADA INITIO and/or ARISTADA will harm your unborn baby. If you become pregnant while taking ARISTADA INITIO and/or ARISTADA, talk to your healthcare provider about registering with the National Pregnancy Registry for Atypical Antipsychotics. You can register by calling 1-866-961-2388, or visit http://womensmentalhealth.org/clinical-and-research-programs/pregnancyregistry/
- are breastfeeding or plan to breastfeed. ARISTADA INITIO and/or ARISTADA can pass into your breast milk. It is not known if it may harm your baby. Talk to your healthcare provider about the best way to feed your baby if you receive ARISTADA INITIO and/or ARISTADA.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. ARISTADA INITIO and ARISTADA and other medicines may affect each other causing possible serious side effects. Do not start or stop any medicines after you receive ARISTADA INITIO and ARISTADA without talking to your healthcare provider first.

If you have any questions about your health or medicines, talk to your healthcare provider. You are encouraged to report all side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.
Could you benefit from treatment you receive 6 times a year?

Julian
Living with schizophrenia and receiving ARISTADA 1064 mg

Ask your healthcare provider about the ARISTADA 2-month dose (1064 mg), and hear real stories about people receiving ARISTADA at aristada.com.

INDICATION
ARISTADA INITIO® (aripiprazole lauroxil) is a prescription medicine given as a one-time injection and is used in combination with oral aripiprazole to start ARISTADA® (aripiprazole lauroxil) treatment, or re-start ARISTADA treatment after a missed dose, when ARISTADA is used for the treatment of schizophrenia in adults.

ARISTADA is a prescription medicine given by injection by a healthcare professional and used to treat schizophrenia in adults.

It is not known if ARISTADA INITIO and/or ARISTADA are safe and effective in children under 18 years of age.

IMPORTANT SAFETY INFORMATION FOR ARISTADA INITIO AND ARISTADA

Elderly people with dementia-related psychosis are at increased risk of death when treated with antipsychotic medicines including ARISTADA INITIO and ARISTADA. ARISTADA INITIO and ARISTADA are not for the treatment of people who have lost touch with reality (psychosis) due to confusion and memory loss (dementia).

Please see additional Important Safety Information throughout and accompanying full Prescribing Information for ARISTADA INITIO and ARISTADA, including Boxed Warning, and Medication Guides for ARISTADA INITIO and ARISTADA.